



Your attitude as a youth is very important if you must be outstanding

By Aunty Comfort

Ability is what you are capable of doing. Motivation determines what makes you to do it. Attitude determines how well you do it.

The greatest discovery of any generation is that a human being can alter his life by altering his attitude”
The foundation for a successful person is built on attitude.

Attitude is how you apply personal judgment on factors like people, objects, issues or events. It is therefore important that you create the right attitude at all times so that you are a blessing to everyone around you. Attitude are formed from your perceptions about the factors as you grow up depending on the information you are repetitively exposed to, the habits you have formed, the people you relate with and the environment within which you grew up. These are the major determinants of the attitude displayed by individuals.

However, it is very pertinent to explain that Attitude manifest in three major ways

- * Emotional component
- * Cognitive component
- * Behavioral component

Your behavioral component is therefore the fruit which the outward branch generates from the first two inner components which people get to see. The emotional component is more or less how your emotions react to situations whether positive or negative around you while the cognitive component is your mental and intellectual response to the different situations around you and your environment.

Your attitude is either positive or negative. When you manifest a positive attitude, it will open your eyes to many opportunities and possibilities to the extent that you now have a challenge of choice.

As a youth your attitude will open you to many options and alternatives that are all beneficial to your goal in life. On the other hand, a negative attitude will close your mind, cause you to see impossibilities, create unseen hurdles, build unseen fear, cause you to doubt your ability to achieve, bury your ability to see opportunities, make you see oppositions where there are none, draw a wrong picture from the innocent actions and statements of others and make life generally stressful to live. It is your attitude that eventual manifest into the character that people see in you.

Both positive mental attitude (PMA) and negative mental attitude (NMA) are infectious so they affect your

performance, your relationships and the people around you. While the PMA attracts good people, success, good relationship and good environment, the NMA repels them. It is therefore important that as a young man to be a successful leader, you must possess a PMA so you can attract, lead and produce future leaders wherever you find yourself. To be a successful leader you must do everything possible to be a role model of positive attitude because you have the most direct effect on those who follow you and want to emulate your leadership attitude and vision of performance standards.



Right attitude helps you to makes the right decision. Right attitude gives you a sound mind that makes you stable, balanced, determined, confident and positive to rightly distinguish and discriminate between right and wrong; good and bad and constructive and destructive. People may hear your words but they feel your attitude.

Quote

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