

## FIX YOUR GAZE ON HIM

Text: Heb. 12v22

A lot is happening on the world we live in today, we live in anxious time. We live in a world that feels like an emotional roller coaster. In this situation it is easy to be consumed by negative emotions like fear, self pity, worry and anxiety, negative thoughts and feelings of uncertainty, it is easy to forget who you are in Christ Jesus and disconnect from your source-God, whatever be the situation believers must learn to stay calm and intentionally redirect their focus on God. There are lots of things a Christian must not do when the going gets tough. ~~Don't focus on the unpleasantness; you will gain nothing but depression. Don't rely on your connections or abilities you will only be disappointed. Don't give in to negative emotions you will wear yourself out. Don't give up on God because you will gain nothing by doing that you will only make your situation worse.~~

In Hebrews 12vs2 Apostle Paul encouraged all believers in Christ to look unto Jesus the author and finisher of our faith. What does it mean to look up to Jesus and fix our gaze on him? You should know that looking up to Jesus does not mean that it pulls us away from the real world or problems rather it build a firm foundation for living well and overcoming obstacles. It means looking at your situation in the reality of who God is and what he is capable of doing. Fixing your gaze on God entails channeling your focus, thoughts and consideration in God that is what he has said in his word and his promise to you concerning that situation it is trusting him to come through for you it is an unshakeable confidence that you can overcome everything that life throws at you because of who God is.

Unfortunately many Christian set so overwhelmed with the vicious tides of life that they struggle to remain Christians. In 2 Corinthians 2vs11 the scriptures warns believers not to be oblivious of the devil strategies you should understand that Satan specializes in taking advantage of challenging moment he will try to inject you with discouragement, then prayerlessness and loss of in for God's word will follow soon gradually he lures the Christian from the faith.



Brethren, trying moment should be the period that you stay on full alert with God. Hold on to that precious relationship you have with your saviour don't trade it for anything regardless of what you may be going through. Don't let it pull you away from God rather let it be the springboard that propels you into a deeper intimacy with God. Your situation should not be an excuse to rebel and turn your back on him. Be willing and obedient so that you can eat the good of the land- Isaiah 1vs19. Focus on the lord and trust him. He understands your situation better than you do. He is fully in charge and he knows what to do to make situation better.

Again always bear in mind that the challenge confronting you should not put a strain on your relationship with God rather it should bring you to a point of understanding God's greatness. So get a grip don't give the enemy the resource to disconnect you from the source of your strength and power. The word of God says when the going gets tough cast all your care upon him for he careth for you. 1peter5:7-8.

On the other hand, be sober be vigilant because your adversary the devil as a roaring lion walking around seeking whom he may devour. If truly you are a child of God don't run from pillar to post, just turn your focus on God and trust him. He will conquer all your battles for you

What we must do to help us maintain a focus on God. 1. We must study and meditate daily on is word Prov. 4v20-23. 2. We must have faith in God Heb 11v1. 3. We must spend time with God in prayers Luke 18v1. 4. We must praise and worship God Act 16v25-26. 5. We must obey God no matter what. If you are not yet born again, you can as well do so now. Just acknowledge your helpless state as a sinner, confess and repent of all your sins and invite Jesus into your heart as your lord and saviour. Trust him with your life and all your heart. He will make you the best you can ever be. He is our helper and the only one we should focus on because He alone knows our end from our beginning. Look up to him today and all will be well with you. Read me again next month.