



TGWAC:(Teenage Guide with Aunty Comfort)

RAISING A GODLY GENERATION

THE POWER OF SEXUAL URGE

Edited By Aunty Comfort

When it comes to sexual desire and feelings, every human is fragile and vulnerable. Anyone that can subdue his or her sexual urges can be perfect in all things. It is only the Holy Spirit that can help one to contain sexual urge through discipline and self-control. When a man or woman without self-control is sexually aroused, only God knows the extent to which one can go to satisfy and calm that mood. In the process, some make promises they cannot fulfil. And if they happen to fulfil, they live to regret. Sexual-urge can really induce one to anything.

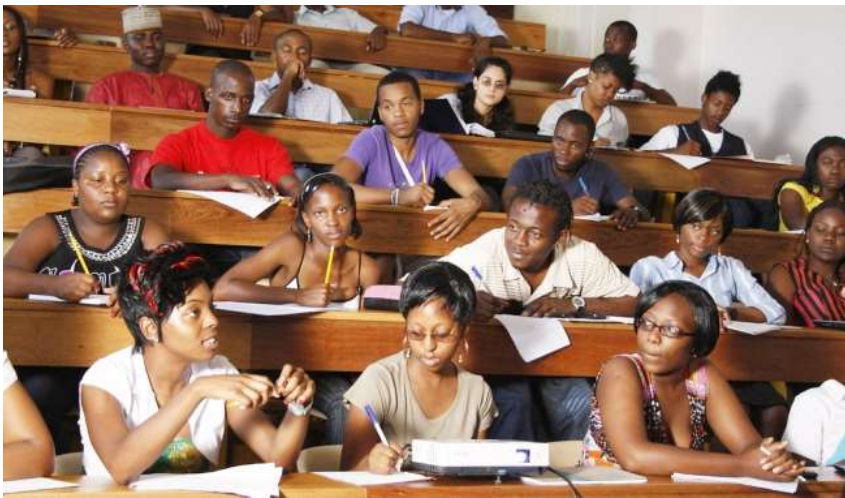
The quest for intimate sexual relationships can weaken the strongest man: it can bring down a giant; it can destroy an empire; it can make a wise one foolish; and it can belittle a respected personality. It has brought down Presidents, Governors, ministers and even law makers. It has rubbished great musical super stars and destroyed talents. Sex has made some lose their respect. Sexual urge has made men rape, even the underage; women even lure underage boys to sleep with them, just to gratify sexual urge. Nothing brings out the foolishness and

wonder the Holy Scripture stated, "it's better to marry than to burn".

Sexual urge does not respect economic background. When men in their right senses want to marry, they go for girls of high or equal status, but when sexual urges cash in, they can sleep with anyone in skates and blouses.

When sexual urge cashes in, the aroused does not even consider who, neatness or conducive environment. Even if the catch feels like it's freshening up, it's a waste of time and energy. Sexual urges can really be a slave master. Some men have made wrong choices and taken rash decisions when under the heat of sexual urge.

Sexual urge is known to have stripped some of their moral senses and sanity and destroyed many. From my moral senses, no woman of 33, in her right senses, will condescend so low to take advantage of a 16-year-old boy who happens to be under her tutelage. It's only the hand work of uncontrolled sexual urge.



bestiality in people like sex; nothing makes an adult behave like a child than sex; nothing makes a man reveal secrets, forget his status, degrade himself, and swallow insults, like sexual urges.

Sexual urge and desire does not respect marital status, and does not respect age, it does not respect culture, it does not respect tradition, it does not respect personality, nor does it respect social class. Once the feeling is aroused, anything goes for it. Some young people are victims of masturbation as a means to satisfy the urge, thereby plunging their conscience into guilt. It's no

This dare devil sexual urge has disgraced many, and rendered some others useless to themselves: sexual urges have made some young people drop out of school; it has equally enslaved many. Some very young teenagers are pregnant.

One thing about sexual urges is that once the fire is ignited, nothing quenches the fire unless it is gratified. Apart from the natural desire that chances on every healthy human at different seasons of life, some induce the desire in different ways. The body energy can be expended in four ways: physical work, mental activity, emotional experiences, or in sexual indulgence. If our body energy is

not expended in the first three ways, the pressure will be very great to expend it in the fourth way. But sexual indulgence drains the body of its nervous and physical energy and vitality more than any of the other ways do. Because of this energy build up, we must plan a busy daily activity for our lives. Our minds and, especially our bodies should be kept occupied through the day in some sane activities or the other.

In subsequent posts, we shall discuss the different ways sexual desire is induced, and how to deal with it. We shall look at how certain foods and idleness can ignite the fire of inordinate sexual desires.

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