



TGWAC:(Teenage Guide with Aunty Comfort)

RAISING A GODLY GENERATION

Unveiling the GIANTS in you

Edited By Aunty Comfort

there is a limit to how far they can push you

There is a limit to how far your parents, mentors, teachers, and friends can push you to achieve your dreams. They can encourage you. They can guide you. They can remind you of your potential. They can challenge you to do better. But they cannot do the work for you. At some point, you must be willing to challenge yourself. You cannot keep waiting for someone to push you before you read your books, develop your skills, pursue your dreams, or become the best version of yourself. You cannot always blame your parents for not pushing you hard enough when you are unwilling to take responsibility for your own growth.

STOP WAITING FOR SOMEONE TO FORCE YOU. Young people, let us be honest with ourselves. Some of you have people who believe in you more than you believe in yourself. You have parents who sacrifice for your education. You have mentors who offer guidance. You have friends who encourage you. You have opportunities to learn, grow, and improve. Yet, you remain comfortable doing the bare minimum. You spend hours on your phones but struggle to dedicate time to your dreams. You want excellent results but are unwilling to put in excellent effort. You want to become great, but you are not ready to do what greatness requires. You cannot desire extraordinary results while giving ordinary effort.

YOUR POTENTIAL IS NOT ENOUGH. You may be talented. You may be intelligent. You may have a great dream. You may have everything it takes to succeed. But potential that is never developed remains potential. A seed has the potential to become a mighty tree, but it must be planted, watered, and nurtured. In the same way, your abilities must be developed through discipline, learning, consistency, and hard work. Do not be satisfied with people saying, "You are talented." Ask yourself: "What am I doing with the talent I have?" "Am I becoming better than I was yesterday?" "What am I doing today that will move me closer to my dream?"

THERE IS A LIMIT TO HOW FAR THEY CAN PUSH YOU. Your parents can wake you up, but they cannot make you hungry for success. Your teacher can teach you, but they cannot learn for you. Your mentor can guide you, but they cannot walk every step of your journey. Your friends can encourage you, but they cannot build your future for you. There comes a time when you must stop waiting for external motivation and develop self-motivation. You must learn to say: "I will study even when nobody is watching." "I will practice even when nobody is clapping." "I will keep improving even when the results are slow." "I will challenge myself because I know I can become better." That is where maturity begins.

DON'T BE AFRAID TO CHALLENGE YOURSELF. Comfort is not always your friend. If you always do what is easy, you may never discover what you are capable of achieving. Challenge yourself to: * Learn something new. * Improve your grades. * Develop a skill that can create opportunities. * Read beyond what is required. * Speak up

and participate. * Take responsibility for your mistakes. * Become more disciplined with your time. * Step out of your comfort zone. You do not have to become perfect overnight. But you must be willing to become better. Small daily improvements can lead to remarkable results over time.

STOP COMPARING. START IMPROVING. Your journey may be different from that of your friends. Some may be ahead academically. Others may be developing skills, building businesses, or discovering their purpose. Do not allow comparison to discourage you. Instead, let it challenge you to ask: "What can I learn from their progress?" "What can I do better?" "What step can I take today?" The goal is not to become someone else. The goal is to become the best version of YOU.



A WORD TO THOSE WHO KEEP SAYING, "I WILL DO IT LATER" Later is not a strategy. One day is not a plan. "I will start tomorrow" can become a habit that steals years from your life. If there is something important you need to do, start. If you need to study, open your books. If you need to develop a skill, begin learning. If you need to correct a bad habit, take the first step. You do not need to feel motivated every day before you act. Sometimes, action comes first, and motivation follows.

YOUR FUTURE DESERVES YOUR EFFORT. Young people, your future is too valuable to be left in the hands of excuses. Do not waste the opportunities you have today waiting for someone to keep pushing you. There is a time when your parents will no longer be able to supervise every decision. There is a time when your teachers will no longer remind you of every

assignment. There is a time when you will have to stand on your own. Prepare yourself for that time. Build the discipline now. Develop the right attitude now. Learn to take responsibility now.

FINAL CHALLENGE. Your parents may see greatness in you. Your mentors may see potential in you. Your teachers may believe you can do better. But you must also believe enough in yourself to do the work. Nobody can push you forever. Nobody can force you to become your best. Nobody can achieve your dreams on your behalf. The time to challenge yourself is NOW. Stop waiting for someone to remind you. Stop making excuses for what you can improve. Stop settling for less when you know you can do better. Look at yourself today and ask: "Am I giving my best to the life I desire?" If the answer is no, do not condemn yourself. Start again. Take responsibility. Push yourself. Keep learning. Keep growing. Keep becoming. Because there is a limit to how far they can push you. But there should be no limit to your willingness to become better. Make each day count. Reflection for the Youth. What area of my life have I been too comfortable in? * Am I waiting for people to push me before I take action? * What is one thing I can improve this week? * What excuse do I need to stop making? * What practical step will I take today toward becoming my best?

Follow us on youtube: Teenageguide. Instagram: @teensguidewithauntycomfort.
www.tgwac.org. facebook; tgwac, Nairapen.tgwac