



# DANGERS OF MASTURBATION

**O**ne common and destructive norm amongst the young and ignorant ones today is

the act of masturbation. Masturbation is the act of touching one's genital parts for sexual pleasure. The truth is that a lot of things have gone wrong in the society today. Many abnormalities have been treated and accepted as normal, no wonder there are strange illness everywhere. Most times young people of today complain of being bored. Boredom is a state of mind which is caused by being idle and that's because you are not putting your life opportunities to use. This bored state of mind will disappear when young people learn to study, try to be creative and learn new things and make the word of God your companion. When young people choose to be idle and waste their time the thoughts of exciting their genital parts becomes a companion. Masturbation which is an unhealthy practice poses a lot of danger to those who engage in it. Considering different opinions on 'masturbation' it is important that you know the physical dangers of this act and the spiritual effect on the life of the individuals who engage in the practice.

Masturbation is **WRONG**; it is sin against God and abuse of your body. Your body is the temple of God, so it should not be defiled because it can bring God's destruction upon such fellow. Masturbation is defiling your body which is the temple of God. The world they may not see anything wrong in engaging in the practice but in the wisdom of God

(your creator) it is wrong use of your body. Your eyes were created to see, the moments you use it to eat then its original purpose of creation has been abused and so the eyes will not only be infected but is damned. For example, plates are made to serve food, I then wonder how you will feel when it's used to pass stool; what a disaster, because you will simply trash the plates knowing well that it has been abused. Thank God for mercy. Masturbation is a dirty act, desist and keep your body clean and holy so that the spirit of God will dwell in you.

Some other effects and dangers of masturbation just to mention a few:

- \* It affects you psychologically
- \* It can cause eye defect
- \* It poses future dangers like weakness and low libido
- \* It reduces your self esteem
- \* It sends wrong signal to your brain
- \* It sometimes leads to same sex marriage

That everyone sees it as right does not make it right. Some of the wrong things

That people do today are claimed to bring satisfaction and calmness moreover they are destructive and complete abuse of the perfect being God has made of you. Do not forget that even tobacco manufacturers still warn that 'tobacco is dangerous to your health'. Be wise, zip up and wait. You are destined for great heights.

Highflyers don't masturbate. Be clean and stay clear of the act.



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