

with *Uncle Pee.*

A VERY PRESENT HELP

Text: Psalm 46v10-11

The current realities in the society and the world at large are generally enough to make your heart fail. However, the book of Psalm 125v2 says "as the mountains are round about Jerusalem so the Lord is round about his people from hence forth even forever. Be rest assured God is in control and He cannot be taken by surprise. He is the great helper in life negative situations. God is indeed our help in the days of trouble. GOD is an expert at changing difficult situations and turning life's bitter waters to sweetness. The Psalmist in Psalm 46 emphasizes the ability of God to provide help in extreme situations for all those who will look up to Him. God is our Refuge and Strength, a very present help in trouble. He is Omnipotent, all Powerful and has at His command all the powers in the universe, this Omnipotent God can do anything as easily as everything else. There is no impossibility with Him. He has the ability and strength to bring to pass your good desire and He does whatever or whatsoever He pleases. He can turn your negative situations into positives. Again God is not just all Powerful; He is also very Present-Omnipresent. He sees everything you are going through. He hears your heart beats and knows how you feel. He may not have proffered solution already because He wants you to learn something from that episode but then He said in Isaiah 43v2 that when thou passest through the waters, I will be with thee and through the rivers, they shall not overflow thee when through walkest, through fire, thou shall not be burned, neither shall the flame kindle upon thee. Whatever you may be going through in life, don't be discouraged. God is there with you. He has promised his presence and in his presence there is fullness of joy. He remains the same yesterday, today and forever (Heb13v8). Despite the challenging situations around you or in the society, don't give up, look up to Him and He will keep you from woes. Better days are here; forget the past because God is ever present and ready to help you. He will give you grace to go through this year graciously and effortlessly. Psalm 46v10-19- true charge from our helper be still and know that I am God, I will be exalted among the heathen, I will be exalted in earth. The Lord of hosts is with us and the God of Jacob is our refuge. When we pray; father glorify thy name, we ought to exercise faith upon the answers given to that prayer when Christ himself prayed it. I have both glorified it and I will glorify it yet again. You cannot carry those burdens alone. Relax and let. God take care of them. You have worked and tried so hard but what do you have nothing to show for it. Stand still take a deep breath and watch God turn away your captivity. Resist that fear gnawing at your heart because fear negates faith and God only works with your faith.

Isaiah 41v10 says 'Fear thou not for I am

with thee, be not dismayed for I am thy God, I will strengthen thee, yea I will help thee, yeah I will uphold thee with the right hand of my righteousness. So ditch that fear, hold on to your faith and confidence in the Lord. Hebrew 10v35. Cast your cares on Him and you shall not be moved. Another charge He gives is 'Be strong and be of good courage, fear not nor be afraid of them, for the Lord thy God He is it that doeth go with thee, he will not fail thee. Duet 31v6-8. Give God the reins of your life. whatever life throws at you; present it to God who is the specialist in transforming bad situations to testimonies. Brother, sister cheer up when your life seems threatened and your hopes dashed. Be rest assured God will help you. You will not be moved nor confounded, focus on God he is right there for you and beside you. He had promised not to forsake you but to stay with you always. Life is always a mix of the good and the bad. The important thing is your disposition to the situation and most importantly your disposition to the true helper of all times. Are you one of those who blame God for all their problems? Some people do this. Some even will abandon God and His work when they are stressed and burdened with life. This is a wrong disposition to the one who cares the most about you. He is not the enemy. He is the solution to your problem so draw near to Him and He will draw near to you and wipe your tears away. Also what is the first thing you do when you find yourself in a fix? Who is the first person you talk? Is God your first place of refuge, the first place you run to when you are faced with life? Don't make Him the last option, the one you resort to when other options have failed. God is too big or be placed on the backburner of your life. Give God the prominence He deserves, let Him take charge. God expects you to trust in His love for you. I know your situation might make you feel unloved and abandoned but remember He said even if a nursing mother forgets her child, He will never forget you. And if He can give up His only son as a remission for your sin-your escape from eternal damnation, then He can get you out of that situation all He wants is for you to put faith in Him.

Don't panic the captain of the ocean is in your boat. He wants you to be calm in the midst of your raging storm. Have you surrendered your life to our Lord Jesus Christ? If you are yet to do please do it right away. Bow your head and talk to Him. He is everywhere. Ask Him for Mercy. Tell Him you are ready to forsake your sins and surrender to Him. Promise that henceforth you will devote your time to study His word. He is always there to help us because He is our present help in times of trouble. Surrender to Him today and you will find rest. Read me again next month. God bless you.

