



TGWAC:(Teenage Guide with Aunty Comfort)

RAISING A GODLY GENERATION

'We are responsible for the choice we make'

Edited By Aunty Comfort

A chat with with Miss Happiness Ujah on Peer Pressure (one of our TGWAC Youths)

What is peer pressure in your own words? Can it ever be positive?

A peer is someone within the same social group, usually someone of a similar age, interests, or background. So, Peer pressure is the influence we receive from our peers that can affect our thoughts, decisions, and behaviors. However, it could be positive or negative.

Have you ever done something just because your friends were doing it? How did it end?

Personally, to be honest, no, I have never done something simply because my friends were doing it. I am someone who is not easily influenced by the actions of others, and I also have a small social circle, which makes it easier for me to make decisions based on my own judgment. There was a situation where my friends were planning to do something together because they believed it would help them make money. Personally, I felt that the action was not the right thing to do. I tried to discourage them, but they decided to continue with their plans. Instead of joining them, I quietly stepped back.

Which type of peer pressure do you think is most common among youths today?

The pressure to achieve quick success and make money by any means. Personally, I believe one of the most common forms of peer pressure among youths today is the desire to become successful quickly without putting in the necessary hard work and patience. The get rich quick scheme. In my view, this pressure can make some youths take shortcuts, engage in all sorts of dishonest activities like Yahoo and other devilish stuff.

Imagine your closest friend says: "If you're really my friend, you'll do this with me." How would you respond?

Honestly, my closest friends say things like this a lot, but I usually respond with laughter and take it lightly. I may tease them about it, but I do not allow such statements to pressure me into doing something I do not believe is right. However, if it is something within

my ability to do and something that is genuinely helpful or important, such as supporting them with money and other stuff when I can, I would gladly do it because personally, I believe friendship involves support and encouragement.

Why do you think that some youths find it difficult to say "No"?

Personally, I believe one major reason some youths find it difficult to say No is their mindset and level of self-confidence. When people understand their values and are confident in their decisions, it becomes

easier to stand by what they believe is right. However, I also understand that everyone's situation is different. Some youths may fear rejection, being judged, losing friendships, or feeling left out. Others may simply want to fit in or gain acceptance from those around them. But I personally still believe it's mindset

What are three qualities of a good friend who helps you become a better person?

The first is understanding: A good friend should understand your personality, values, strengths, and weaknesses. The second is support: A good friend should support your dreams, encourage you during difficult moments, and motivate you to become a better version of yourself. The third one is respect. A good friend should respect your decisions, boundaries,



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